

# Social Skills Group for Children

## Ages 8-12



Facilitated by

**Juliet Y. Mark-Janik, B.A.**

Advanced Trainer - Nurtured Heart Approach

**Catherine Wetzler**

Certified Recreational Therapist

*This group aims to teach social skills in the following categories: Conversational Skills, Cooperative Play Skills, and Self-Regulation. Specific skills will be chosen based on the needs of the group and each skill taught will be broken down into steps. Children will:*

- *Be provided examples of each skill*
- *Practice role playing specific skills*
- *Engage in interactive games and activities designed to foster their competency with each skill.*

*Parents will be provided with weekly information about what is covered in class and how to further help your child apply each skill.*

**Where:**      **Mental Health Association**  
**999 Delaware Ave.**  
**Buffalo, NY 14209**

**When:**      Contact us for upcoming dates

Space is limited. To reserve your child's spot, please call

**886-1242 ext. 346 or by e-mail at [msalamon@eriemha.org](mailto:msalamon@eriemha.org)**



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