

# SEXUAL ASSAULT SURVIVORS (S.A.S.) PEER SUPPORT GROUP

FIRST & THIRD TUESDAYS  
5:30-6:30 P.M.



*Survivors of sexual assault and rape may feel alone and isolated. You are not alone. The S.A.S Peer Support Group brings survivors together to discuss their experiences and offer each other support.*

For more information, please e-mail  
SASpeergroup@gmail.com  
or call Bridget at the Mental Health  
Association of Erie County  
at 716-886-1242 x347

mental health advocates  of WNY  
BE HEARD. BE HELPED.

*Do you feel like no one understands what you're going through?*

**LET'S WALK  
THIS PATH  
TOGETHER.**

*PEER  
DISCUSSION,  
ADVICE AND  
SUPPORT*

LOCATION:  
MENTAL HEALTH  
ASSOCIATION OF  
ERIE COUNTY  
999 Delaware Ave.  
Buffalo, New York  
14209

*If you are experiencing a crisis and need to speak to someone immediately, please call the Crisis Services 24-hour hotline at 716-832-3131*