

SUPPORT GROUP

FOR ADULTS WITH

ADD OR ADHD

*Meets the first and third Monday
of each month from 5 - 6:30p.m.*

**Meets at the Mental
Health Association
of Erie County, Inc.
999 Delaware Avenue
Buffalo, NY 14209**



*For more information, please call 886-1242
or email alana830@gmail.com.*

In order to preserve the confidentiality of our members, our support groups are closed to the general public. They are open to individuals who live with a mental health diagnosis.