

# SUPPORT GROUP

# FOR ADULTS WITH

# ADD OR ADHD

*Meets the first and third Tuesday  
of each month from 5 - 6:30p.m.*

**Meets at the Mental  
Health Association  
of Erie County, Inc.  
999 Delaware Avenue  
Buffalo, NY 14209**



*For more information, please contact  
886-1242 or [alana830@gmail.com](mailto:alana830@gmail.com).*

*In order to preserve the confidentiality of our members, our  
support groups are closed to the general public. They are  
open to individuals who live with a mental health diagnosis.*