

Bipolar Disorder Support Group

Meets the second and fourth Thursday
of every month from 12-1:30p.m.
at the Mental Health Association of Erie County
999 Delaware Avenue, Buffalo NY 14209

January 10 & 24
February 14 & 28
March 14 & 28
April 11 & 25
May 9 & 23
June 13 & 27

July 11 & 25
August 8 & 22
September 12 & 26
October 10 & 24
November 14 & 28
December 12 & 26

*For more information, please contact the Mental Health
Association at 886-1242 or lwexler@eriemha.org*

In order to preserve the confidentiality
of our members, our support groups
are closed to the general public.
They are open to individuals who live
with a mental health diagnosis.

