



# HOARDERS & CLUTTERERS SUPPORT GROUP

Meets on the first and third Tuesday of every month from 1:00-3:00 p.m. at the Mental Health Association of Erie County  
999 Delaware Avenue, Buffalo, NY 14209

A structured support group that will share personal experiences together. All information shared within the group is confidential and cannot be discussed outside of the group.

PLEASE CALL 716-602-5795  
IF YOU WOULD LIKE TO ATTEND

Attending this support group will allow you time to share any issues that you might be struggling with to a group of others who are also experiencing similar hardships. Suggestions and feedback from other group members is encouraged. Everyone attending is coming to support one another and not judge one another. The group will encourage, motivate and give positive suggestions, peer to peer, regarding what has worked for them.