



The Nurtured Heart Approach

Helping Children Flourish
Emotionally, Academically & Socially

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(Call or email for upcoming locations)

NHA is an approach to life that creates a shift in how we relate to the problems that have been causing us challenges.

Are you frustrated by behavior challenges that put your child in control of your home? Have your discipline methods stopped working? Do you want your children to have good morals, be compassionate, and self-confident?

The Nurtured Heart Approach (NHA) is a language based approach that can help you regain focus and power and rebuild the love you want in your home. NHA teaches us why our typical parenting methods don't always work and can even make things worse. The magic rests in its ability to use language to build "inner wealth" and to make positive connections to those around us by focusing on what IS working, at all times.

You will learn how to hold clear limits and consequences while you build positive connections. You will immediately FEEL the difference in your home, and in time, you, your children and your family learn to flourish.

The approach is valid for all ages and types of relationships. It is effective for behaviorally and emotionally challenged children (ADHD, ODD, ASD, Attachment, Foster, etc.) as well as typically developing children. You will leave this series with clear techniques and strategies to face the behavioral challenges that brought you in.

The approach has much proven success in homes, schools, human service agencies and business all over the world. We look forward to seeing you Transform!!

(No prior reading is required)

Four Week Parenting Series

Tuesdays 5:30-8:00 pm

(Call or email for upcoming dates)

Light dinner at 5:30 pm
Parenting Series begins at 6:00 pm

Register by email msalamon@eriemha.org
or by phone at 716-886-1242 x-346

Childcare available for children age 4+

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